BRIDGING LABORATORY ACCESS GAPS THROUGH ONLINE PRACTICUM GUIDES IN OPEN AND DISTANCE HIGHER EDUCATION

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Abstract

Access to laboratory-based learning remains a persistent challenge in open and distance education, particularly for science disciplines requiring fieldwork. This study presents the development of an online practicum guide for the Ecology course at Universitas Terbuka, designed to address disparities in practicum access among geographically dispersed learners. Drawing on international benchmarking, expert validation, and contextual adaptation, the guide integrates modular field-based activities that can be conducted independently using locally available materials. Supported by video tutorials, QR-linked resources, and structured mentoring, the guide enables students to conduct ecological observations in freshwater, terrestrial, and urban environments. The initiative not only enhances practical competence and ecological literacy but also reveals opportunities for institutional collaboration and educational entrepreneurship through the distribution of practicum kits. Aligned with open education principles, the guide offers a scalable model for delivering meaningful practicum experiences in remote learning contexts and demonstrates the potential for innovation in science education within ODL systems.

Keywords: Distance Learning, Ecology Education, Instructional Innovation, Online Practicum, Open Educational Practices, Universitas Terbuka.

1 INTRODUCTION

In science education, laboratory-based learning plays significant role in science education, develop scientific notations and create models to test hypotheses (Riaz et al., 2023). Within the framework of distance science education at Universitas Terbuka (UT), the development of laboratory skills remains essential for promoting student engagement, enhancing conceptual understanding, and cultivating critical thinking abilities (Shana & Abulibdeh, 2020). Tshojay & Giri (2021) support the statement by stated practicum/practice is a form of teaching and learning activity intended to strengthen mastery of applicable material. Through practicum/practice, a person can comprehensively learn three competencies: cognitive, affective, and psychomotor (Yunus & Yuliana, 2020). However, within the framework of open and distance higher education, ensuring equitable access to laboratory experiences remains a considerable challenge. Unlike traditional university settings, distance education learners are

often scattered across regions with limited or no access to laboratory facilities. This structural limitation has been particularly evident in the biology undergraduate program at UT, where students enrolled in courses such as Ecology struggle to complete the practicum component. The issue is particularly evident in the Biology undergraduate program at UT, where students enrolled in courses such as Ecology face persistent difficulties in fulfilling practicum requirements due to both geographic and logistical barriers. A 2022 student-led survey revealed that 49% of participants lived more than 40 kilometers from the nearest practicum site, while 19% resided between 20–40 kilometers away. Only 19% of respondents reported living in close proximity to practicum locations. This distribution highlights a widespread issue: the majority of students are located far from institutional partners providing practicum opportunities. In addition to distance-related barriers, students also reported concerns regarding the condition of practicum facilities. Of the 228 respondents, 22% reported dissatisfaction with the cleanliness and maintenance of partner institution facilities, while 16% indicated that the available laboratory infrastructure was minimal or inadequate (unpublished report, 2024). These findings are consistent with the broader literature, which emphasizes that in blended-learning environments, satisfaction with face-to-face tutorials constitutes a critical component of the teaching-learning process, particularly for students new to distance education (Budiman et al., 2017). Prior studies have sought to identify factors influencing such satisfaction and consistently show that, although learners value the benefits of direct, in-person engagement, geographical distance remains a substantial impediment in practicum-based courses. These findings underscore the urgent need for alternative practicum delivery models that are both accessible and pedagogically sound.

While previous research has explored the use of virtual labs and simulations as substitutes for physical laboratories in distance learning contexts (de Vries & May, 2019; Dyrberg et al., 2017; Mercado & Picardal, 2023). These approaches offer partial solutions, often emphasizing experimental sciences and relying on digital infrastructure or specialized equipment that may not be universally accessible to students in remote areas. Moreover, few studies have addressed the unique challenges of field-based disciplines like ecology, which require direct interaction with natural environments.

The present study seeks to address this gap by designing a structured, yet flexible, online practicum guide specifically for the Ecology course in the Biology study program at UT. Unlike prior approaches, this guide integrates practical fieldwork that students can conduct

independently in their local surroundings, guided by modular instructions, safety protocols, conceptual frameworks, and video demonstrations. The novelty of this work lies in emphasizing place-based ecological inquiry adapted for distance learners, employing low-barrier technologies, and aligning with national educational goals for inclusive and flexible learning. Through collaborative development with subject experts, benchmarking international practices, and incorporating user feedback, this guide not only enhances learning access but also offers a replicable model for other science programs facing similar challenges. There will be design process, implementation strategies, and implications for broader adoption in distance higher education.

2 METHODOLOGY

This study employed a developmental qualitative approach, grounded in a problem-solving cycle centered on improving practicum access within a distance learning context. The initiative was started in the Biology Undergraduate Program at Universitas Terbuka, a fully online higher education institution in Indonesia. The methodology was designed to systematically address the challenge of unequal access to ecological field practicums, particularly for students residing in geographically remote areas with limited access to the university's partnered laboratory facilities. To overcome this, the approach incorporated the use of each student's local environmental surroundings as a contextual learning resource, enabling them to conduct field-based ecological observations and data collection within their own communities.

The development of the online practicum guide followed six major phases:

2.1 Initial Discussion and Needs Assessment

The process began with structured consultations involving course coordinators, subject matter experts, and Institute for Research and Community Service of UT. These discussions aimed to map existing practicum difficulties and identify core practical competencies required by the Ecology course. articular attention was given to ensuring that the practicum goals were consistent with both the course's general competencies and the existing curriculum framework.

2.2 Benchmarking and Literature Exploration

A benchmarking exercise was conducted through desk research, exploring international models of online science laboratories and practicum simulations. Institutions with recognized distance learning programs, such as La Trobe University and Penn State World Campus were examined to gather best practices and pedagogical strategies adaptable to the Indonesian context.

Literature related to remote science education, instructional design for practical skills, and digital ecology labs informed the content development.

2.3 Guide Drafting and Content Design

Drawing from both institutional consultation and benchmarking data, a preliminary draft of the online practicum guide was produced. The draft included structured instructions for field observation, sample data collection protocols, analysis templates, and links to supplementary video demonstrations. Each module was designed to be flexible, allowing students to conduct practicum tasks independently using accessible materials from their local environments.

2.4 Expert Review and Validation

To ensure academic rigor and pedagogical relevance, the draft guide was reviewed by three ecology lecturers from different Indonesian universities. Feedback was collected via structured questionnaires and follow-up interviews. Suggested improvements were incorporated, especially concerning clarity of instructions, feasibility of independent tasks, and alignment with the course's learning outcomes.

2.5 Revision and Finalization

Based on the validation results, the guide underwent a series of content refinements. Additional contextual was added to better suit diverse ecological conditions across student domiciles, particularly in rural and maritime areas. Language adjustments were also made to ensure clarity and instructional coherence.

2.6 Approval and Institutional Integration

The finalized guide was formally submitted to the head of biology study program and course coordinators for internal endorsement. It was approved as a complementary resource to support the Ecology practicum course and proposed to be included in the learning management system (LMS) and course material package.



Figure 1. Six major phases of the development of the online practicum guide

Throughout the process, the development emphasized collaborative input, contextual adaptability, and student-centered design. The methodology also reflects 3 out of six Universitas Terbuka's institutional values (KIIARA) of quality, accessibility, and innovation in higher education.

3 FINDINGS AND DISCUSSION

The development of the online practicum guide at Universitas Terbuka began in 2020, with several forms: online practicum/practice and asynchronous online mentoring; on-site practicum/practice and mentoring carried out online asynchronously through e-learning (Moodle); on-site practicum/practice and mentoring carried out synchronously online through webinars (Yunus & Yuliana, 2020). During the pandemic, biology courses were often conducted in hybrid formats, relying heavily on remote supervision. The needs and lifestyle of digital natives are shaping a social model that demands proficiency in technology utilization and significant contributions across various domains of life (Budiman & Syafrony, 2023). These experiences laid the groundwork for the current practicum guide, which consolidates lessons from earlier models into a single, structured framework. The finalized guide yields both tangible course-level learning outcomes and institutional readiness for broader implementation. It also offers a viable solution for students unable to access physical laboratories, especially those in remote regions, a demographic heavily represented in UT's distance education system.

3.1 Guide Development and Institutional Integration

By benchmarking online science laboratories and practicum simulations from institutions with established distance learning programs, such as La Trobe University, Abbey (2020) identified

three feasible models for designing an online practicum: the mail-order lab, the home lab, and the online lab. Based on these models, the Ecology practicum was collaboratively developed with subject matter experts to align with curriculum expectations. The modules was subsequently validated by ecology lecturers. The final version was implemented through the university's LMS, featuring accessible instructions, downloadable templates, and video tutorials. Students were required to submit written reports along with short video documentation of their practicum activities.

The guide was organized into three modules corresponding to key topics in the practicum ecology module's book STBI4143, such as water ecosystem, land ecosystem, and ecology of population. Each module includes step-by-step procedures, locally adaptable observation checklists, and spaces for data entry. A series of instructional videos, demonstrating the use of simple field tools and techniques, were also embedded via quick-response code (QR codes) and hyperlinks to facilitate self-directed learning.

Although the practicum guide enables independent fieldwork, students are also supported with a structured mentoring process. This includes three mentoring sessions conducted by instructors: (1) before the practicum to explain procedures and expectations, (2) after the field experiment to guide data analysis, and (3) during the final reporting stage. These sessions ensure academic integrity, provide clarification, and help students interpret ecological findings accurately. The mentoring is facilitated online (both synchronously and asynchronously) depending on student accessibility. The arrangement reflects ongoing collaboration between the Biology study program, the central academic units of Universitas Terbuka, and regional UT offices called as UT *daerah*, which continue to play a vital role in coordinating practicum activities across Indonesia.

3.2 Development Relevance and Pedagogical Value

The collaborative and iterative development process ensured that the guide aligned with general and specific course competencies for ecology and addressed structural inequities in practicum access. This reflects previous research highlighting the importance of contextualizing practical science for distance learners. The use of Learning Management System (LMS) integration and flexible access materials is essential in asynchronous education models.

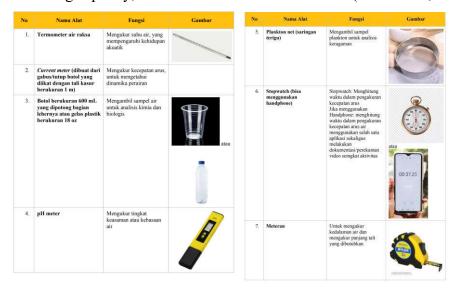
Table 1. Mapping of Online Practicum Modules to general and specific course competencies from STB14143

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Module	Related general and specific course	Learning activities in the
	competencies from STBI4143	online practicum
		guidelines
Module 1:	Explain the principles and concepts of	1. Measuring water
Freshwater	ecology and apply them in the	parameters
Ecosystem	management of aquatic environments	(temperature, pH,
	1. Identify and describe measuring	current, depth)
	instruments and sampling tools used	2. Identifying macro
	in aquatic ecosystem practicum,	zoobenthos in rivers,
	2. explain the functions of measuring	lakes, or ponds
	instruments and sampling tools used	
	in aquatic ecosystem practicum,	
	3. explain how to use measuring	
	instruments and sampling tools in	
	aquatic ecosystem ecology,	
	4. determine the location or station for	
	environmental measurements,	
	5. measure the chemical parameters of	
	freshwater ecosystems,	
	6. identify and calculate plankton	
	diversity in freshwater ecosystems.	
Module 2:	Apply knowledge and techniques in	1. Quadrat-based
Terrestrial	terrestrial ecosystems to environmental	sampling of plant
Ecosystems	management	communities
	1. Determine research plots using the	2. Calculating
	quadrat sampling method,	frequency, dominance, and
	2. measure parameters in vegetation	dominance, and Shannon-Wiener
	analysis of garden ecosystems,	
	3. measure limiting factors in garden ecosystems,	diversity index
	4. measure parameters in vegetation	
	analysis of grassland ecosystems,	
	5. measure limiting factors in grassland	
	ecosystems.	
Module 3:	Observe biodiversity and understand	1. Conducting pitfall
Animal's	population-level dynamics	trapping of soil insects
behaviour	1. Observe and analyse defensive	2. Comparing captures
	behaviours in organisms	across habitats and
	2. Explore survival strategies in	times
	response to physical environmental	3. Analysing factors
	conditions	influencing
		population variation
	<u> </u>	<u> </u>

3.2.1 Module 1: Freshwater Ecosystem

This module introduces procedures for assessing both abiotic and biotic components of freshwater ecosystems. It guides students to conduct field observations in accessible aquatic environments (such as rivers, lakes, or ponds) using simple, improvised tools like plastic bottles, thermometers, and basic current-measuring devices. The module also outlines the required materials in advance (Figure 2a), allowing students to prepare independently. Observations include the measurement of water temperature, depth, flow velocity, and pH levels, followed by sampling of macro zoobenthos (particularly molluscs) using commonly available equipment such as sieves or household strainers.

Although the practicum has not yet been fully implemented with students, the module is designed to enable learners to document ecological observations and apply basic ecological calculations, such as species density using Krebs' formula. It introduces fundamental field techniques and aims to enhance student understanding of freshwater ecosystems, particularly by connecting ecological parameters to pollution indicators through biological monitoring of aquatic organisms. To support independent learning, the module includes QR codes that link to YouTube videos demonstrating key procedures—such as measuring water quality and conducting macro zoobenthos sampling, using simple, locally accessible tools (Figure 4). QR codes provide an efficient tool for learning, as their high data capacity and compatibility with smartphones allow students to access materials quickly, engage more actively, and share resources with ease. QR codes included in this guide are considered effective learning tools, providing access to high-quality, and relevant instructional videos (Bakri et al., 2020).



A. Suhu Air Hasil Pengamatan

No	Percobaan ke	Hasil pengukuran di titik 1 (°C)	Hasil pengukuran di titik 2 (°C)	Hasil pengukuran di titik 3 (°C)
1	Percobaan ke 1			
2	Percobaan ke 2			
3	Percobaan ke 3			
4	Suhu Rata-rata			

b.



С.

Figure 2. The content of module 1 of the ecology online practicum

a. Example of materials needed to the practicum; b. the example of observation table for one practicum; c. the example of practicum procedure complete with qr code of video

3.2.2 Vegetation Analysis in Terrestrial Ecosystems

The module is designed to guide students in observing vegetation structure through plot-based sampling in gardens or nearby green spaces. The practicum activities involve creating nested quadrats (1×1 m to 20×20 m), classifying plants by strata, and analysing biodiversity using ecological indices such as frequency, dominance, and the diversity using formula given. (Sadia et al., 2024) stated community structure help to investigates the diversity patterns, vegetation structure, and environmental influences on terrestrial ecosystem biodiversity. The module encourages students to explore accessible landscapes, such as yards, parks, or field edges, to understand vegetation patterns and environmental influences (Figure 3). Sah et al. (2014) stated understanding how the biological communities in the terrestrial ecosystems function in the

presence of different structural components is the central point of plant-animal interactions both from ecological and evolutionary contexts. Although the guide has not yet been implemented, it is intended to foster ecological awareness and develop students' ability to analyse plant community structures in diverse terrestrial settings. With this analysation, the module given education about environment. Nisiforou & Charalambides (2012) stated environmental education is considered a pillar in developing responsible environmental attitudes and behaviour. This environmental education will enable students to identify problems and develop solutions.

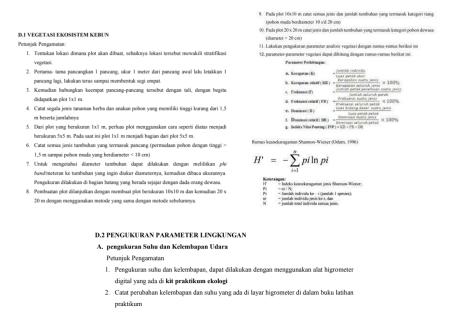


Figure 3. The content of module 2 of the ecology online practicum

3.2.3 Animal's behaviour

The module focuses on introducing population ecology of insects through a simple pitfall trapping method. This practicum reimagines urban areas, not just as human-dominated spaces, but as valuable fragments of ecological landscapes that support biodiversity and vital functions. These environments offer accessible opportunities for students to engage in home-based ecological investigations, including observing insect populations and potentially identifying species that are either new to science or previously undocumented in the region. Insects offer abundant opportunity for introducing their indispensable roles as pollinators and recyclers, as well as the concept of biodiversity and its threats from habitat fragmentation and loss, invasive species, and disturbances such as drought, fire, and storms (Wheeler, 2008).

Students are expected to use household containers as insect traps, placed in different habitat conditions (shaded vs open, day vs night) over a short period. The practicum encourages analysis of insect behaviour in relation to environmental factors such as humidity and light exposure (Figure 4). While the practicum module STBI4143 emphasizes behavioural ecology, particularly defensive strategies and survival responses to physical environments, this online module guidelines extend that foundation by exploring population-level dynamics. The module guides students in identifying patterns of abundance, diversity, and microhabitat preference, thereby enriching their understanding of how organisms interact with their surroundings at both the individual and population scales. In doing so, it bridges individual behavioural observations with broader ecological analysis, offering a comprehensive perspective aligned with the goals of field-based population ecology. By framing these investigations within urban settings, the module emphasizes that built environments can also provide valuable opportunities for exploring biodiversity. Wheeler (2008) notes that close engagement with urban insect life not only enhances ecological literacy but also fosters a stronger personal connection to the natural world as an important goal in environmental education.

a. Persiapan Pitfall Trap:

- 1. Siapkan 4 botol selai (pitfall trap) dengan ketentuan:
 - 2 botol untuk hewan diurnal, dimana satu botol diletakkan di bawah naungan pohon, satu lagi di area terbuka/tanpa vegetasi (diletakkan di pagi hari dan diambil sore hari).
 - 2 botol untuk hewan nocturnal, dimana satu botol diletakkan di bawah naungan pohon, satu lagi di area terbuka/tanpa vegetasi (diletakkan sore hari dan diambil nagi hari).
- Isi setiap botol dengan cairan gliserin atau air gula sebagai umpan, dan tambahkan alkohol 70% untuk membuat serangga pingsan atau mati saat terperangkap.

b. Proses Pengambilan Sampel

- Untuk hewan nokturnal: Letakkan botol sore hari (permukaan botol harus rata dengan tanah) dan ambil pada pagi hari berikutnya.
- Untuk hewan diurnal:Letakkan botol pada pagi hari dan ambil pada sore hari.
- Pastikan botol tertutup jika hujan agar cairan di dalam botol tidak tercampur air hujan

c. Pengambilan Data

- Ulangi langkah 3-5 selama 3 hari berturut-turut.
- Setiap hari, catat jumlah dan jenis serangga yang terperangkap di setiap botol.



Tabulasikan data jumlah dan jenis hewan yang terperangkap untuk masingmasing lokasi dan waktu (diurnal vs. nocturnal, di bawah vegetasi vs. area terbuka) dalam tabel berikut.

Tabel 1. Hasil Pengamatan Serangga Tanah

NO	JENIS HEWAN (NAMA LATIN)	JUMLAH RATA-RATA	
		DIURNAL	NOCTURNAL
1	1440		966
2	(in)	11/2	2025
3	(44.5)	444	***
4	He.		100
5	dat	-111	2255
	TOTAL	(1442)	100

- Bandingkan hasil penangkapan serangga antara:
 - a. Hewan diumal dan noctumal
 - b. Botol di bawah vegetasi dan botol di area terbuka.
 - Jumlah serangga yang terperangkap selama hari pertama, kedua, dan ketina

Figure 4. The content of module 3 of the ecology online practicum

3.3 Bridging Gaps and Implications for Distance Learning

The guide addresses a critical gap in the literature, how to design field-based, rather than simulated, practicum alternatives for distance learners. Unlike many virtual labs that rely on digital simulations and bandwidth-heavy applications, this guide provides tangible ecological experiences. It promotes an exploratory approach to the environment, encouraging engagement with local ecological contexts and allowing for firsthand discovery and reflection (Nisiforou & Charalambides, 2012). Such engagement not only enhances ecological awareness but also cultivates a deeper appreciation for biodiversity and its role in sustaining life (Wheeler, 2008).

3.4 Emerging Opportunities from the Online Practicum Guide

The implementation of this guide demonstrated not only pedagogical value, but also revealed opportunities for institutional collaboration and educational entrepreneurship. Examining La Trobe University's distance laboratory approach, especially its mail-order model, where experiment kits are assembled on campus and delivered to students, shows both the advantages and the drawbacks of this system. La Trobe faced significant challenges, particularly high costs and logistical complexity (Abbey, 2020). In contrast, Universitas Terbuka has adopted a strategy that is better suited to its context and helps overcome these barriers. Collaborative efforts involving the *Pusat Layanan Bahan Ajar* (PUSLABA), which oversees learning material distribution, UT *daerah*, and third-party logistics providers have facilitated the delivery of practicum kits to students in geographically dispersed areas.

The need for accessible and low-cost laboratory kits has also led to initiatives for packaging and distributing essential tools (such as pH meters, thermometers, measuring ropes, and sample containers) through university-supported channels. In addition to improving access to practical

learning, this model also opens opportunities to build a broader ecosystem of educational entrepreneurship. By centralizing the procurement and distribution of materials, institutions can reduce the burden on learners, especially those in remote or underserved areas. This opens a promising opportunity for PUSLABA and UT *daerah* to collaborate not only in educational delivery but also in providing affordable, equitable, and potentially revenue-generating solutions.

Furthermore, the guide's design and implementation align closely with the principles of the open education movement, which emphasizes the use of open practices, technologies, and collaborative networks to transform access to knowledge. As Ramirez-Montoya (2020) note, the most impactful innovations in open education are those that intentionally seek to reconfigure educational systems toward greater equity and participation. By linking pedagogical content with logistical solutions, the online practicum guide contributes meaningfully to this vision, enabling inclusive, practice-based learning while reinforcing the institutional capacity to scale and sustain quality science education in remote learning environments.

4 CONCLUSION

The development and implementation of an online practicum guide for the Ecology course at Universitas Terbuka has addressed the long-standing challenge of providing equitable laboratory access to distance learners. Through modular, field-based activities tailored to students' local environments, the guide promotes practical competency, ecological awareness, and scientific thinking in real-world contexts. The integration of this guide into UT's LMS, along with the support of asynchronous mentoring and accessible instructional materials, demonstrates that meaningful practicum learning is possible even without traditional laboratories. Additionally, the initiative opens new opportunities for institutional collaboration and educational entrepreneurship, such as the distribution of practicum kits through university channels. This approach may serve as a replicable model for other ODL institutions, particularly those in geographically diverse or underserved regions.

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